

Family Caregivers Need Care, Too

By Carolyn Mattingly

Advantage Senior Care, Inc is a well established and independent, non-franchised in-home care agency serving North Metro Atlanta clients and their families.

We provide not only superior service for your loved ones in need of assistance, but extraordinary support for the family. Family caregivers have many challenges and want to make the very best educated decisions in caring for their loved ones. They need an agency that will provide trustworthy and diverse resources and the right educational tools to problem solve issues, plan ahead for smooth transitions and handle unexpected emergencies with confidence.

We believe that families and the loved ones they care for deserve the very best in service with highly experienced caregivers who are dependable and remain with the same clients day in and day out. Advantage Senior Care takes great pride in its comprehensive employee training program for its certified caregivers. Training includes the aging process, the diseases of the elderly, handling emergencies, meal planning, housekeeping, sanitation, infection control, personal care, fall prevention and effective communications. They are trained to understand and handle dementia with loving care and proven strategies. The owner, Carolyn Mattingly, stays closely involved with the family to provide ongoing assistance so that they are able to make wise, proactive decisions together.

Carolyn Mattingly, owner of Advantage Senior Care, Inc, provides seminars on *Family Caregiving: Choices and Challenges* for churches and other organizations. Caregivers have diverse concerns about their family loved ones for whom they feel responsible. We conducted an eight week seminar last winter/spring at First Baptist Atlanta, sharing our tools and expertise with family caregivers from across Atlanta. The church asked us to conduct a second seminar with sessions during this month on topics such as Enabling the Family Caregivers, Hospice and Bereavement, and Dementia Dynamics/Alzheimer's with new leading edge curriculum. There is no charge for the caregivers participating in these sessions.

Call us at 404.312.6423 or e-mail Carolyn, cbmatt@charter.net for more information about our services and seminars.